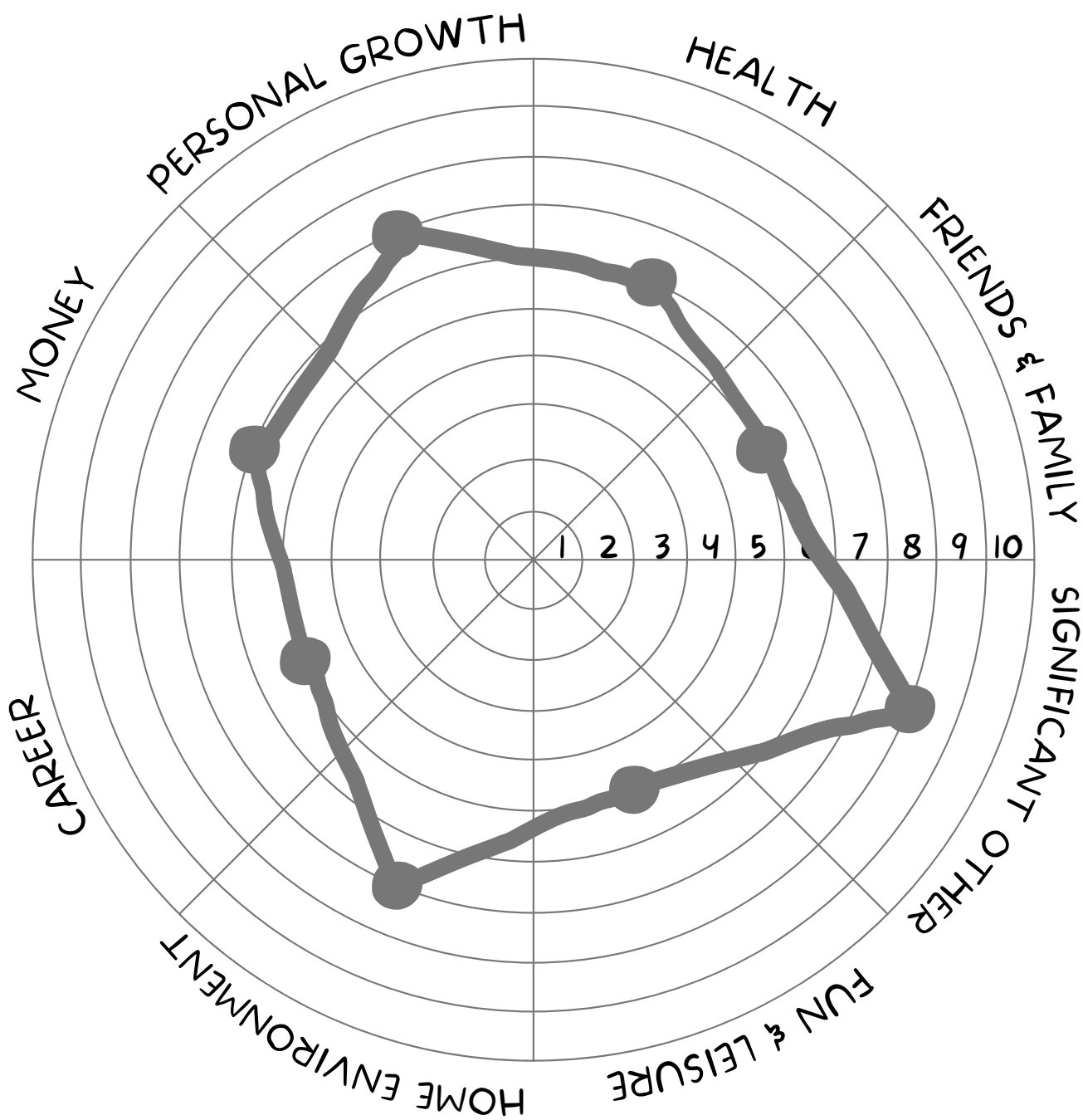


# Midster Life Wheel



THE WHEEL IS A GREAT TOOL TO HELP YOU UNDERSTAND WHERE YOU ARE WITH EACH ASPECT OF YOUR LIFE AND WHAT YOU MAY LIKE TO CONCENTRATE ON. IT MAY NOT NECESSARILY BE THE AREA WITH THE LOWEST SCORE. THINK ABOUT THE 8 LIFE CATEGORIES BELOW, AND RATE THEM FROM 1 - 10, WITH 0 BEING VERY DISSATISFIED & 10 BEING FULLY SATISFIED. THEN LINK THE DOTS.



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